

BOOK FOUR: Readiness Assessment

Chronological or social/emotional skill level: ages 9-13 (corresponds to SC Level 4 & 5, MP 3rd & 4th)

Date of Pre-Test: _____

Date of Post-Test: _____

Yes, Emerging, or No?

	Yes	Em	No
<p>Rules: Practices following the rules of basic games and practices good sportsmanship. Follows rules of the home or classroom, and rules of being in public most of the time. Infractions of rules are minor and infrequent, and remorse is expressed when they occur. Understands that different adults will have different rules, but all are to be followed. Understands that some rules will change in different settings (grocery store, church, park, playground), but all rules are to be respected and obeyed.</p>			
<p>Health: Practices basic hygiene habits such as washing hands, brushing teeth, and showering. Makes a habit of good nutrition, adequate rest, and daily exercise. Understands generally the cause of many illnesses (obesity and health issues; germs and contagious diseases) and how to prevent them (eating right and exercising; washing hands and avoiding crowded areas of sick people). Understands that mental health is important and tries not to worry, become too angry, or be alone too much, and instead finds ways to calm his worries or frustrations and seeks healthy companionship in family or friends.</p>			
<p>Manners: Practices basic manners, such as please, thank you, I'm sorry, excuse me. Practices basic table manners. Practices cheerfulness. Considers the needs of others in his thoughts and actions. Understands that manners can become good habits with practice. Understands that people appreciate children who are polite and well-mannered. Attempts to practice good manners without prompting.</p>			
<p>Safety: Practices basic safety rules such as avoiding strangers, staying with an adult, wearing a seat belt, avoiding sharp or hot or electric objects. Knows what to do in an emergency and knows how to stay safe in a variety of settings. Does not wander but makes an effort to stay close to an adult for safety reasons without prompting. Understands that different situations call for different safety measures (threat of a tornado or hurricane, fire, crowded bus or subway). Does not become overly anxious about safety but takes reasonable precautions when needed.</p>			
<p>TOTAL – Score how many in each (Yes/Emerging/No).</p>			

If 75-100% (3-4/4) Yes/Emerging, proceed.

If 50% (2 of 4) Yes/Emerging, teach first from Book Two.

If 0-25% (0-1 of 4) Yes/Emerging, teach from Book One.